

CHEVRON EMPLOYEES: KUDOS FOR SHARI FRISINGER

"Shari was fantastic! She is a great speaker and I could tell she was quite experienced at it. She made her material very understandable and used humor, which the class enjoyed!"

"The workshop was very informative, energetic and provided a lot of great coaching techniques that I can use daily."

"Shari was effective, as you could tell that she was very experienced in the subject matter, brought in examples from industry or other companies to help reinforce key points and allowed the audience to present their recommendations rather than force pre-formed answers which led to a much more insightful learning experience."

"I found Shari did a good job keeping us on subject and also demonstrated the techniques being thought when giving me feed back."

"Shari was very good at keeping things focused on our position as leaders in the company. Specific examples helped reinforce the material".

"Very engaging, all key components of learning pointed out at all times."

"Although a contractor she had a great grasp of the subject matter and how it relates to CVX processes. Was able to handle all questions and kept class on track when folks started to drift."

"She is very entertaining, witty and good at focusing the topic."

"Experienced facilitator. Slower start on day 1 but Tuesday and Wednesday were good. Engaged, good pace, open questions and many examples."

"Took the group through an agenda designed to transmit a body of knowledge."

"Gave good examples that I could relate to."

"Shari, you were excellent on the subjects. You kept my interest with your excitement."

"I found Shari to have great examples, advice and knowledge."

Enthusiastic facilitator, good rapport, could use more insights from her."

"She is very kind, gentle, good listener. She is also a very Happy Woman. She was smiling all the time. She takes her time to explain and listen to people. She shows interest in encouraging us to share with others our point of view in order to improve ourselves and grow. In summary, she has all the qualities a facilitator should have to help people to understand their common objectives without taking a particular position in any discussion."