Your Points to Ponder

Pondering Perceptions - P2P Quick Communique #8

"Perceptions are realities for those that hold them...and I must deal with those realities in order to lead effectively." Anonymous

Think about it ... your perception is a mixture of your background, your current mind state, your fears and apprehensions, and your motivators. Your perception is your reality.

I had a boss that could not grasp this fact. I tried different ways to explain my viewpoint. All to no avail. Finally, I thought I'd try an illustration. "If my perception is that it's cold outside, then I would put on a big heavy coat to go outside." I thought that was a fairly concrete example. His response? "Then you would be wrong." He believed his perception was correct - he was not cold so I should not be cold.

He could not seem to put himself in my shoes and see the world through my eyes. My frustration finally peaked and I quit --- because my perception was he was not empathetic to me or my situation.

What are you dismissing quickly because it doesn't fit in with your current perceptions? Whose reality are you living in? And what is it costing you?

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Shari is the only speaker and consultant that combines communication styles, personality behaviors, emotional intelligence and your mind. She works with executives and teams to resolve conflicts and build a more cohesive group. If your team is not "playing nice in the company sandbox", give Shari a call!

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